

ARLINGTON PUBLIC SCHOOLS

Vision Statement

The Vision of the Arlington Public Schools is to be an equitable educational community where all learners feel a sense of belonging, experience growth and joy, and are empowered to shape their own futures and contribute to a better world.

Mission Statement

The Arlington Public Schools focuses on the whole child to create inclusive and innovative learning opportunities for all students, values diverse identities and ways of learning, prepares all staff to maintain high expectations while providing necessary supports, and sustains collaborative partnerships with families and the community.

In accordance with the provisions of the Massachusetts General laws, Chapter 30A, Section 20, notice is hereby given for the following meeting of the:

***Arlington School Committee
School Committee Regular Meeting
Thursday, October 13, 2022
6:30 PM***

Rainbow Commission Appointment (B. Hayner)

VOTE on MOA Cafeteria

Massachusetts law requires all open session meetings of public bodies to be accessible to members of the public, including those with disabilities. If you need reasonable accommodations in order to participate in the meeting, contact the Administrative Assistant to the Arlington School Committee Liz Diggins at ediggins@arlington.k12.ma.us.



Town of Arlington, Massachusetts

Rainbow Commission Appointment (B. Hayner)

ATTACHMENTS:

Type	File Name	Description
Backup Material	Kym_Goldsmith_resume.pdf	Resume - Kym Goldsmith
Backup Material	Kym_Goldsmith_Letter_of_Interest_to_Rainbow_Commission_7_2022_(1).pdf	Letter of Interest - Kym Goldsmith

KYM GOLDSMITH, M.A., LMHC

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☎ 781.330.6818 ✉ kgoldsmith@town.arlington.ma.us

🏠 276 Massachusetts Avenue #503, Arlington, MA 02474

Profile

Licensed mental health clinician with over ten years experience supporting youth and families coping with mental health issues. Knowledgeable and engaged in working with gender expansive folx. Well-versed in collaborating with multiple levels of care providers, including parents, teachers, and outside agencies to ensure positive outcomes for clients.

Certifications

Licensed Mental Health Clinician, license number 9582

Passed MA Tests for Educator License

Certified Assessor, Massachusetts CANS Assessments

Counseling Experience

Project Success Gibbs and Ottoson Clinician, September 2019 - present

Arlington Youth Consultation Center, School Based Program, Arlington, MA

- ◆ Provide individual counseling to students with challenge including stress/anxiety, anger management, family relationships, and LGBTQ+ specific concerns
- ◆ Utilize CBT, DBT, play as therapy, IFS informed treatment, trauma specific treatment, and trans positive treatment modalities to create client focused counseling focused on building resiliency within an accepting, non-judgmental therapeutic relationship
- ◆ Support clients in various stages of “coming out” as LGBTQ+ at school, at home, and in the community, and educate caregivers about the importance of family acceptance
- ◆ Participate in IEP/504 eligibility meetings alongside parents and teachers
- ◆ Coordinate referrals for in-home family therapy, wraparound services, and medication

School-Based Clinician, September 2014 - September 2019

Arbour Counseling Services, Woburn, MA

- ◆ Provided weekly school-based counseling to students in grades K-8 in two schools
- ◆ Formulated treatment plans based on comprehensive biopsychosocial assessments and strengths-based treatment goals
- ◆ Participated in IEP/504 eligibility meetings alongside parents and teachers
- ◆ Collaborated with teachers, guidance counselors, and administration around behavioral and emotional needs of students
- ◆ Coordinated referrals for in-home family therapy, wraparound services, and medication

Fee-For-Service Clinician, Outreach Team, October 2009 - June 2011

South Shore Mental Health, Bayview Associates, Quincy, MA

- ◆ Provided in-home therapy (IHT) via outreach to home, school, and community settings for children, adults, and families
- ◆ Worked both independently and as part of a treatment team to provide crisis intervention and family stabilization that supported both individuals and families
- ◆ Supported clients' treatment objectives through collateral contacts, advocacy work, and linkage to additional services and resources

Counseling and Related Experience

School Counselor (Graduate Intern), September 2008 - June 2009

Arlington Youth Consultation Center, School Based Program, Arlington, MA

- ◆ Served as elementary school counselor while receiving off-site supervision
- ◆ Provided individual counseling to students with diverse backgrounds on issues including academics, stress/anxiety, anger management, and family relationships
- ◆ Developed and implemented group counseling sessions for students focusing on social pragmatics, friendship skills, and transition to sixth grade/middle school
- ◆ Participated in “Student At Risk,” IEP, and student support meetings weekly

Co-Facilitator, May 2013 - Present

Momoirs, A Therapeutic Writing Group for New Mothers, Arlington, MA

- ◆ Employ writing prompts that encourage group members to explore changes in their identity, relationships and life within a safe group environment
- ◆ Utilize active listening and reflecting skills to model open, honest, non-judgmental communication between group members

Volunteer Group Facilitator, October 2009 - June 2014

The Children's Room, Arlington, MA

- ◆ Co-led opening circle activities, games, and discussion for tweens/teens pertaining to a specific aspect of the grieving process
- ◆ Engaged one-on-one with tween/teen group members during free play in the art room, games room, or high-energy room
- ◆ Utilized reflection and awareness skills to connect with group members around topics that may have come up during the opening circle time

Education

Master of Arts in Clinical Mental Health Counseling, Holistic Studies Specialization

Lesley University, Cambridge, MA, May 2009

Bachelor of Science in Psychology, Spirituality, and Writing as Healing Modalities

Lesley University, Cambridge, MA, May 2006

Professional Development

Gender Identity, Gender Expression, and Sexual Orientation: Promoting Resilience and Healthy Outcomes for LGBTQ and Gender Diverse Students, March 2022, MaMHCHA

LGBTQ Youth in the Commonwealth - The Kids are NOT Alright!, February 2022, MaMHCA

Internal Family Systems (IFS): Development, Application and Transformational Model to Effectively Help Clients Improve Well-Being, January 2022, PESI

Understanding Your Own Cultural Identity and the Impact of Systemic Racism on Education, November 2021, MaMHCA

Racial Justice Teach-In - A Five Part Series, January-March 2021, Town of Arlington

How to Leverage Conversation with Youth on Race, Equity and Black Lives Matter - A Five Part Series, October-December 2020, Massachusetts Partnerships for Youth

Youth Mental Health First Aid, Certified First Aider Training, March 2019, CHA Malden

July 20, 2022

Jillian Harvey
Director of Diversity, Equity, and Inclusion Division
Town of Arlington, Health and Human Services
27 Maple Street
Arlington, MA 02476

Dear Jill,

As a fourteen year resident of the Town of Arlington, a parent of a non-binary student at the Gibbs School, a town employee and counselor at Arlington Youth Counseling Center, and a member of the LGBTQ+ community, I am submitting my letter of interest to join the Rainbow Commission as a volunteer applicant. I have attended several meetings of the Rainbow Commission, volunteered at two Pride events here in Arlington, and have felt welcomed and valued while doing so. Additionally, I have engaged in the Racial Justice Teach In series sponsored by the Town of Arlington, and am committed to the work of social justice.

I bring the strengths of connecting and building community within my own social circles as well as within my clinical role at AYCC, where I actively engage with my fellow clinicians and teachers to create safe and brave spaces for folx who identify as LGBTQ+. I work primarily in the Gibbs and Ottoson schools in AYCC's Project Success program, and part of the support I provide to my LGBTQ+ clients is to advocate for and educate families of these young people who are on the path of self-discovery. My clients see a professional non-binary person who is out and proud, listens to them, and helps them speak truth in a world that can be both parts welcoming and outright discriminatory.

Sincerely,

Kym Goldsmith, M.A., LMHC
276 Massachusetts Ave. Apt. 503
Arlington, MA 02474

Enclosure: Resume



Town of Arlington, Massachusetts

VOTE on MOA Cafeteria